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<th>PART 1</th>
<th>Listening (approx. 10 minutes)</th>
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| **Task type:** Multiple choice  
**Format:** ten unrelated dialogues of about 30 seconds’ duration, each followed by a 3-option multiple choice item  
The candidates listen to a short dialogue, then choose the correct statement from three that are based on the dialogue. The recordings are dialogues between two interacting speakers (conversations, interviews, discussions, etc.).  
**Task Focus:** identifying detail, understanding and interpreting information, specific information, gist, detail, main idea, function, purpose, attitude, opinion, etc.  
**Marking Scheme:** 10 items x 2 points = 20 points  
**NOTE:** Each part is heard twice. |

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<th>PART 2</th>
<th>Knowledge of Linguistic Means (15 minutes)</th>
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| **Task type:** Multiple choice  
**Format:** 18 4-option multiple choice sentences  
**Task Focus:** lexical  
**Marking Scheme:** 18 items x 2 points = 36 points  
**Topic areas:** cereal grains, dairy products, dried fruit and nuts, baked goods, beverages, meat, poultry, fish, fruits and vegetables, organic food, human anatomy, digestive system, the nervous system, the endocrine system, pregnancy, lactation, infant nutrition, toddler and preschooler nutrition, child and preadolescent nutrition, adolescent nutrition, adult nutrition, nutrition for older adults, vegetarian diet, eating disorders, athletic nutrition, alcohol and nutrition, nutrition and diabetes, nutrition and cancer, nutritionist or dietitian, clinical nutrition, sports nutrition, visiting an RD, diet history, food labels, junk food, the Mediterranean diet, the dash diet and the alkaline diet, the 5:2 (IF) diet and the Atkins diet, measuring body composition, applying for a job, job interviews |

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<th>PART 3</th>
<th>Knowledge of Language Functions (10 minutes)</th>
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| **Task type:** Multiple choice  
**Format:** 16 2-option multiple choice exchanges  
**Task Focus:** lexico-grammatical  
**Marking Scheme:** 16 items x 1 point = 16 points  
**Functions:** asking about progress, asking for: advice, an opinion, clarification, help, information, more information, checking information, clarifying information, considering options, describing order, discussing requirements, explaining options, expressing: concern, contrast, disapproval, enthusiasm, interest, preference, quantity, giving: advice, instructions, your opinion, listing pros and cons, making a recommendation, making suggestions, showing agreement, showing understanding, stating order, stressing a point, summarizing options, talking about advantages and disadvantages, talking about difficulty, talking about symptoms |

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<th>PART 4</th>
<th>Reading (10 minutes)</th>
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| **Task type:** Multiple choice – True/False/Doesn’t say  
**Format:** Three short texts (60-100 words each) containing factual information related to the field of nutrition and dietetics; the first two texts are followed by two 3-option multiple choice questions each, while the third text is followed by two True/False/Doesn’t Say questions.  
**Task Focus:** understanding detail, specific information, implication, attitude, reference and meaning  
**Marking Scheme:** 6 items x 3 points = 18 points  
**NOTE:** All the texts are related to the specific field of study. |

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<th>PART 5</th>
<th>Writing Awareness (15 minutes)</th>
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| **Task type:** A gapped text  
**Format:** One text (100-200 words) from which five sentences, phrases, words or headings have been removed and placed in a jumbled order, together with an extra option as a distractor, above the text.  
**Task Focus:** recognition of writing features and language as required in their field of study  
**Marking Scheme:** 5 items x 2 points = 10 points  
**NOTE:** The candidate may be asked to complete advertising pamphlet, blog page, blog post, career manual, encyclopedia entry, guidelines, job listing, magazine article, medical article, medical book excerpt, medical dictionary excerpt, newsletter article, pamphlet, press release, professional guidelines, textbook excerpt or webpage. This task is based on elements of writing that the candidates will need to produce in the field of nutrition and dietetics for professional purposes. |

**Duration:** 60 minutes  
**Marks:** **TOTAL:** 100 points